

**Tableau meilleures performances Indoor-Hommes CSL  
(situation 19.02.2024)**

**DÉBUTANTS**

50 m	7''42	Friederich David	2016
600 m	1'51''50	Kalmes Vincent	2004
800 m	2'33''57	Goldschmidt Ben	2020
1000 m	3'26''61	Schmiz Felix	2010
Longueur	4,71m	Friederich David	2016
Hauteur	1,39m	Kiffer Ben	2008
4 x 200 m	2'12''88	Brück J. - Rossi L. .Miller P. - Kieffer T.	2009

**SCOLAIRES**

60 m	7''88	Herr Frédéric	2023
600 m	1'44''89	Klein David	2008
800 m	2'19''41	Goldschmidt Ben	2022
1000 m	3'00''02	Jones Miles	2023
50 m Haies	8''71	Lassine Glenn	2019
60 m Haies	9''99	Friederich David	2018
Longueur	5,25m	Goldschmidt Ben	2022
Hauteur	1,53m	Lassine Glenn	2019
Poids 3 kg	10,36m	Lassine Glenn	2019
Tetrathlon	1845	Lassine Glenn 50mH 8''71,Poids 10,30m, Long:4,80, 1000m:3'17''02	2019
4 x 200 m	1'57''56	Schmiz G. - Juste L. Karger V. - Kieffer Tom	2009

**MINIMES**

50 m	6''67	Longo Ian	2023
60m	7''44	Cibango Bliss	2017
200 m	23''80	Karger Vincent	2011
300 m	37''78	Schneider Eric	1994
600 m	1'28''77	Goldschmidt Ben	2024
800 m	2'07''92	Achour Anis	2009
1000 m	2'47''49	Goldschmidt Ben	2024
1500 m	4'29''04	Kalmes Vincent	2008
50 m Haies	7''79	Steinmetz Pit	2016
60 m Haies	8''56	Karger Vincent	2011
Longueur	6,23m	Cibango Bliss	2017
Hauteur	1,83m	Cibango Bliss	2017
Triple Saut	12,60m	Cibango Bliss	2017

<b>Perche</b>	<b>2,80m</b>	<b>Kiffer Ben</b>	<b>2012</b>
<b>Poids 4 kg</b>	<b>13,35m</b>	<b>Delarue Noa</b>	<b>2022</b>
<b>Pentathlon</b>	<b>2596</b>	<b>Schroeder Cameron</b> 8,07-1'73-5,16-8,93-,3'11''85	<b>2020</b>
<b>4 x 100m</b>	<b>48''94</b>	<b>Cibango B. – Steinmetz P.</b> <b>Ramsey J. – Scherhag L.</b>	<b>2016</b>
<b>4 x 200 m</b>	<b>1'38''65</b>	<b>Helminger K. – Goebel A.</b> <b>Tromans D. – Herr F.</b>	<b>2024</b>

### CADETS

<b>50m</b>	<b>6''25</b>	<b>Helminger Shaheen</b>	<b>2024</b>
<b>60 m</b>	<b>7''11</b>	<b>Steffen Jeff</b>	<b>1999</b>
<b>150m</b>	<b>17''11</b>	<b>Helminger Shaheen</b>	<b>2024</b>
<b>200 m</b>	<b>22''73</b>	<b>Kraavi Taaniel</b>	<b>2017</b>
<b>300 m</b>	<b>36''29</b>	<b>Karger Vincent</b>	<b>2011</b>
<b>400 m</b>	<b>52''13</b>	<b>Scholer Tom</b>	<b>2010</b>
<b>600 m</b>	<b>1'22''03</b>	<b>Marchandise Fallon Pierre</b>	<b>2024</b>
<b>800 m</b>	<b>1'53''58</b>	<b>Marchandise Fallon Pierre</b>	<b>2024</b>
<b>1000 m</b>	<b>2'31''21</b>	<b>Grethen Charel</b>	<b>2009</b>
<b>1500 m</b>	<b>4'04''31</b>	<b>Marchandise Fallon Pierre</b>	<b>2024</b>
<b>3000 m</b>	<b>9'28''41</b>	<b>Kalmes Vincent</b>	<b>2009</b>
<b>60 m Haies</b>	<b>8''16</b>	<b>Helminger Shaheen</b>	<b>2024</b>
<b>Longueur</b>	<b>7,04m</b>	<b>Kraavi Taaniel</b>	<b>2017</b>
<b>Hauteur</b>	<b>2,00m</b>	<b>Kiffer Ben</b>	<b>2014</b>
<b>Triple Saut</b>	<b>13,99m</b>	<b>Lassine Glenn</b>	<b>2023</b>
<b>Perche</b>	<b>4,01m</b>	<b>Kiffer Ben</b>	<b>2014</b>
<b>Poids 5 kg</b>	<b>14,25m</b>	<b>Novak Jon</b>	<b>2019</b>
<b>Heptathlon</b>	<b>4480pts</b>	<b>Château-Ducos Karel</b> 8''79 ; 7''67 ; 6,11 ; 11,68 ; 3,70, 1,76, 2'56''10	<b>2024</b>
<b>4 x 200 m</b>	<b>1'41''87</b>	<b>Kieffer T. - Schmiz G.</b> <b>Kiffer B. - Thon A.</b>	<b>2013</b>

### JUNIORS

<b>50m</b>	<b>6''24</b>	<b>Bragg Ernest</b>	<b>2023</b>
<b>60 m</b>	<b>7''05</b>	<b>Wallig David</b>	<b>2023</b>
<b>150m</b>	<b>17''11</b>	<b>Helminger Shaheen</b>	<b>2024</b>
<b>200 m</b>	<b>22''25</b>	<b>Karger Vincent</b>	<b>2014</b>
<b>300 m</b>	<b>34''69</b>	<b>Karger Vincent</b>	<b>2013</b>
<b>400 m</b>	<b>47''49</b>	<b>Karger Vincent</b>	<b>2015</b>
<b>600 m</b>	<b>1'21''12</b>	<b>Karger Vincent</b>	<b>2015</b>
<b>800 m</b>	<b>1'51''64</b>	<b>Grethen Charel</b>	<b>2011</b>
<b>1000 m</b>	<b>2'31''21</b>	<b>Grethen Charel</b>	<b>2009</b>
<b>1500 m</b>	<b>3'42''24</b>	<b>Henz Vivien</b>	<b>2023</b>
<b>Mile</b>	<b>3'57''47</b>	<b>Henz Vivien</b>	<b>2023</b>
<b>3000 m</b>	<b>8'26''34</b>	<b>Henz Vivien</b>	<b>2022</b>

<b>5000m</b>	<b>15'59 ''47</b>	<b>Ocaktan Semih</b>	<b>2023</b>
<b>60 m Haies</b>	<b>8''23</b>	<b>Godart Claude</b>	<b>1998</b>
<b>Longueur</b>	<b>7,04m</b>	<b>Kraavi Taaniel</b>	<b>2017</b>
<b>Hauteur</b>	<b>2,03</b>	<b>Mirascic Asmir</b>	<b>2003</b>
<b>Triple Saut</b>	<b>14,29m</b>	<b>Lassine Glenn</b>	<b>2024</b>
<b>Perche</b>	<b>4,20</b>	<b>Thill Steve</b>	<b>2008</b>
<b>Poids 6 kg</b>	<b>12,58m</b>	<b>Novak Jon</b>	<b>2020</b>
<b>Poids 7,26kg</b>	<b>11,10m</b>	<b>Novak Jon</b>	<b>2020</b>
<b>4 x 200 m</b>	<b>1'32''98</b>	<b>Casarella M. - Karger V. Stoffel D. - Allard M.</b>	<b>2012</b>

### ESPOIRS

<b>50 m</b>	<b>6''20</b>	<b>Muller Louis</b>	<b>2023</b>
<b>60 m</b>	<b>6''89</b>	<b>Wallig David</b>	<b>2024</b>
<b>150m</b>	<b>17''11</b>	<b>Helminger Shaheen</b>	<b>2024</b>
<b>200 m</b>	<b>21''19</b>	<b>Abenzoar Daniel</b>	<b>2007</b>
<b>300 m</b>	<b>34''69</b>	<b>Karger Vincent</b>	<b>2013</b>
<b>400 m</b>	<b>47''49</b>	<b>Karger Vincent</b>	<b>2015</b>
<b>600 m</b>	<b>1'18''77</b>	<b>Grethen Charel</b>	<b>2014</b>
<b>800 m</b>	<b>1'48''96</b>	<b>Grethen Charel</b>	<b>2015</b>
<b>1000 m</b>	<b>2'28''73</b>	<b>Bestgen Christophe</b>	<b>2009</b>
<b>1500 m</b>	<b>3'42''24</b>	<b>Henz Vivien</b>	<b>2023</b>
<b>Mile</b>	<b>3'57''47</b>	<b>Henz Vivien</b>	<b>2023</b>
<b>3000 m</b>	<b>8'26''34</b>	<b>Henz Vivien</b>	<b>2022</b>
<b>5000 m</b>	<b>15'59''47</b>	<b>Ocaktan Semih</b>	<b>2023</b>
<b>60 m Haies</b>	<b>8''23</b>	<b>Godart Claude</b>	<b>1998</b>
<b>Longueur</b>	<b>7,04m</b>	<b>Kraavi Taaniel</b>	<b>2017</b>
<b>Hauteur</b>	<b>2,03m</b>	<b>Mirascic Asmir</b>	<b>2003</b>
<b>Triple Saut</b>	<b>15,00m</b>	<b>Mirascic Asmir</b>	<b>2006</b>
<b>Perche</b>	<b>4,60m</b>	<b>Thill Steve</b>	<b>2010</b>
<b>Poids 7,26 kg</b>	<b>11,10m</b>	<b>Novak Jon</b>	<b>2020</b>
<b>4 x 200 m</b>	<b>1'31''22</b>	<b>Thon A. - Allard M. Scholer T. - Karger V.</b>	<b>2014</b>

### SENIORS

<b>50 m</b>	<b>6''06</b>	<b>Evora Delgado Lionel</b>	<b>2023</b>
<b>60 m</b>	<b>6''76</b>	<b>Abenzoar Daniel</b>	<b>2006</b>
<b>150m</b>	<b>17''11</b>	<b>Helminger Shaheen</b>	<b>2024</b>
<b>200 m</b>	<b>21''12</b>	<b>Abenzoar Daniel</b>	<b>2006</b>
<b>300 m</b>	<b>34''69</b>	<b>Karger Vincent</b>	<b>2013</b>

<b>400 m</b>	<b>47''49</b>	<b>Karger Vincent</b>	<b>2015</b>
<b>600 m</b>	<b>1'18''77</b>	<b>Grethen Charel</b>	<b>2014</b>
<b>800 m</b>	<b>1'48''26</b>	<b>Grethen Charel</b>	<b>2016</b>
<b>1000 m</b>	<b>2'27''66</b>	<b>Hustin Valère</b>	<b>2020</b>
<b>1500m</b>	<b>3'35''99</b>	<b>Grethen Charel</b>	<b>2024</b>
<b>Mile</b>	<b>3'52''67</b>	<b>Grethen Charel</b>	<b>2024</b>
<b>2000m</b>	<b>5'01''89</b>	<b>Grethen Charel</b>	<b>2024</b>
<b>3000 m</b>	<b>7'43''00</b>	<b>Grethen Charel</b>	<b>2023</b>
<b>5000 m</b>	<b>15'59''47</b>	<b>Ocaktan Semih</b>	<b>2023</b>
<b>60 m Haies</b>	<b>7''73</b>	<b>Grailet François</b>	<b>2022</b>
<b>Longueur</b>	<b>7,44</b>	<b>Felten Bernard</b>	<b>1990</b>
<b>Hauteur</b>	<b>2,03</b>	<b>Mirascic Asmir</b>	<b>2003</b>
<b>Triple Saut</b>	<b>15,00</b>	<b>Mirascic Asmir</b>	<b>2006</b>
<b>Perche</b>	<b>5,00</b>	<b>Felten Bernard</b>	<b>1994</b>
<b>Poids 7,26 kg</b>	<b>15,99</b>	<b>Forster Sven</b>	<b>2013</b>
<b>Heptalon</b>	<b>5.382</b>	<b>Felten Bernard</b> <small>7,17-7,01-10,78-1,88-8,37-5,00-2'55''11</small>	<b>1996</b>
<b>4 x 200 m</b>	<b>1'29''91</b>	<b>Trierweiler C. - Steffen J.</b> <b>Abenzoar D. - Reuter J.</b>	<b>2004</b>
<b>4 x 400 m</b>	<b>3'18,59</b>	<b>Karger V. - Scholer T.</b> <b>Grethen C. - Frisch J.</b>	<b>2012</b>